



INGRAM \ BROWNLEE

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Thank you for choosing the Eye Center of Midland to handle your medical eye care. You have been scheduled for a cataract evaluation at our facility. Below is a list of information to help you prepare for your visit.

- Cataract evaluations are only valid for 90 days from your consultation date per insurance guidelines. If you do not plan to have surgery in one or both eyes within 90 days, please call our office to reschedule your appointment. This will prevent you from having to redo the evaluation and incur an additional office visit. Please note that if you need surgery on both eyes, you will have surgery at a minimum of three weeks apart.
- Please bring your insurance card, ID, list of medications, and pharmacy address/phone number.
- Your appointment will be 2-3 hours long; please arrive at your scheduled time, and you will have plenty of time to fill out paperwork.
- You will be dilated. Please ensure you have a driver if needed. Vitals and your blood sugar will be checked by the nurse at the end of your appointment.
- If you wear hard or soft contact lenses, you must stop wearing them before your visit. Below is the time frame:

Soft contact lenses – 2 weeks

Hard contact lenses – 5 weeks

- Diagnostic Testing Appointment: If you are interested in coming in to do your diagnostic testing before your cataract evaluation, please contact our office. This takes around one hour, and this will be a second appointment, in addition to your cataract evaluation appointment. This appointment will shorten the amount of time you come in for your cataract evaluation, as you will meet with the doctor on this day.
- Patient transfer equipment has specific safety limits set by the manufacturer. If you require surgery, our stretcher's weight capacity is 350 lbs. We want to ensure the safety of patients, so if you have questions, please contact our office and ask to speak to a nurse.
- For dryness, please start lubricating drops 2 weeks before your appointment. Below are good options for **preservative-free drops**.

